



## **POST-GAME CLEANUP RULE**

- **Hammers & Yellow Boundary Lines:** Do NOT put these in the black net bags. Please return them directly to the drawboard or field coordinator.
- **Spikes:** Each net bag must contain exactly 4 spikes.
- **Net System:** The losing team is responsible for bringing in the net system.

## **RAINOUT INFORMATION**

On scheduled league days, please check the [TFC Facebook Player Info Group](#) after 4:30 PM for any weather-related cancellations.

## **LEAGUE FIELD CHECK-IN**

League field check-in is at 5:45pm.

## **NEED A SUB?**

Head over to the **TFC Facebook Player Info Group** to locate substitutes for your upcoming matches. It's also your source for rainout updates, R4/R2 tournaments, and our annual special events, etc.

## **IMPORTANT PLAYER REMINDERS**

- **Parking:** Strictly follow all City parking signs. Vehicles parked illegally will be ticketed or towed immediately without notice.
- **Check Your Shoes:** No metal or hard rubber spikes allowed.

Check out our upcoming Saturday Grass Tourneys @ [tfcvolleyball.com](http://tfcvolleyball.com)



Wednesday W4  
**Week 7 of 10**

Gladstone Secondary  
**July 8, 2026**

**Please, do not place hammers or volleyballs in with the net systems, but return them here!**

NOTE: Losing teams of the last match shall bring in the net system. Don't forget the 4 spikes & 3 metre lines.

**RULES**

- Best 2 out of 3 rally point games, **0 – 21, 0 – 21, 0 – 15, all cap**
- 45 min match limit in a 4-team pool ( **one long whistle to end match** )
- 30 min match limit in a 5-team pool ( **two long whistles to end match** )

**Pool A - Courts 1 & 2**

1<sup>st</sup>/2<sup>nd</sup> stay Pool A. 3<sup>rd</sup> → Pool B. 4<sup>th</sup> → Pool C.

1. Molina Chow / Randi Lynn Hughes
2. Mandy Cheung / Jennifer Chu
3. Polly Li / Jennifer Tse
4. Ilian Urquidi / Alexis Payne

Teams	Matches	Games	Points	Rank
1				
2				
3				
4				

<b>Court 1</b>	Game #1	Game #2	Game #3		<b>Court 2</b>	Game #1	Game #2	Game #3
A1 vs A3	-	-	-	6pm	A2 vs A4	-	-	-
A1 vs A2	-	-	-	645pm	A3 vs A4	-	-	-
A1 vs A4	-	-	-	730pm	A2 vs A3	-	-	-



## Pool B - Courts 3 & 4

1<sup>st</sup> → Pool A. 2<sup>nd</sup> stays. 3<sup>rd</sup> → Pool C. 4<sup>th</sup> → Pool D.

1. Mone Sera / Anika Nicholson
2. Keely Hol / Vivian Choi
3. Deb Lightman / Kate Murray
4. Mig Alphonso / Beryl Pye

Teams	Matches	Games	Points	Rank
1				
2				
3				
4				

<b>Court 3</b>	Game #1	Game #2	Game #3		<b>Court 4</b>	Game #1	Game #2	Game #3
B1 vs B3	-	-	-	6pm	B2 vs B4	-	-	-
B1 vs B2	-	-	-	645pm	B3 vs B4	-	-	-
B1 vs B4	-	-	-	730pm	B2 vs B3	-	-	-

## Pool C - Courts 5 & 6

1<sup>st</sup> → Pool A. 2<sup>nd</sup> → Pool B. 3<sup>rd</sup> → Pool D. 4<sup>th</sup> → Pool E.

1. Vianna Orr / Renee Orr
2. Hannah Lee / Michelle Chang
3. Sarah Liao / Carol Fung
4. Jackie Luongo / Jessica Ong

Teams	Matches	Games	Points	Rank
1				
2				
3				
4				

<b>Court 5</b>	Game #1	Game #2	Game #3		<b>Court 6</b>	Game #1	Game #2	Game #3
C1 vs C3	-	-	-	6pm	C2 vs C4	-	-	-
C1 vs C2	-	-	-	645pm	C3 vs C4	-	-	-
C1 vs C4	-	-	-	730pm	C2 vs C3	-	-	-



## Pool D - Courts 7 & 8

1<sup>st</sup> → Pool B. 2<sup>nd</sup> → Pool C. 3<sup>rd</sup> stay Pool D. 4<sup>th</sup> → Pool E.

1. Taylor Wheatley / Natasha Tierney
2. Denise Wong / Karen Kuang
3. Allysia Lam / Daisy Wei
4. Betty Tseng / Angelica

Teams	Matches	Games	Points	Rank
1				
2				
3				
4				

<b>Court 7</b>	Game #1	Game #2	Game #3		<b>Court 8</b>	Game #1	Game #2	Game #3
D1 vs D3	-	-	-	6pm	D2 vs D4	-	-	-
D1 vs D2	-	-	-	645pm	D3 vs D4	-	-	-
D1 vs D4	-	-	-	730pm	D2 vs D3	-	-	-



# Pool E - Courts 9, 10 & 11

1<sup>st</sup> → Pool C. 2<sup>nd</sup> → Pool D. 3<sup>rd</sup>/4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> stay Pool E.

1. Christine Yao / Wendy Zhang
2. Clara Ng / Daphne Hong
3. Anne Nguyen / Karissa \_\_\_\_\_
4. Ayn Verona / Tiffani Andre
5. Natalie Wong / Roni Szeto
6. Deanna Gee-Wing / Allison Lau

Teams	Matches	Games	Points	Rank
1				
2				
3				
4				
5				
6				

	Court 9	Game #1	Game #2	Game #3	Court 10	Game #1	Game #2	Game #3	Court 11	Game #1	Game #2	Game #3
6pm	E2 vs E3	-	-	-	E1 vs E4	-	-	-	E5 vs E6	-	-	-
645pm	E1 vs E6	-	-	-	E3 vs E5	-	-	-	E2 vs E4	-	-	-
730pm	E4 vs E5	-	-	-	E2 vs E6	-	-	-	E1 vs E3	-	-	-

**Please, report your score after each match!**