

## Indoor W4 League Rules

In general, TFC rules are governed by the Volleyball Canada. Please see our House Rules below for exceptions.

### FORMAT

- » Players are to call their own fouls. Generally, teams should NOT call fouls against their opponents
- » Rotation of servers is mandatory, not rotation of court positions.

### SCORING

- » Rally point scoring. Best 2 out of 3 games per match: 0 – 25, 0 – 25, 0 – 7, all cap; or League Coordinator's time
- » All team captains are to report results after each game
- » If the score is reported incorrectly, please let us know.

### SERVES

- » Serves that touch the net are considered live
- » Server is a designated back court player, and is permitted to hit from behind the 3 metre line & set from anywhere on the court.

### VOLLEYS

- » Volleys over the net must be square from shoulders & feet
- » Players are allowed to volley a serve, a free ball, or a non hard-driven ball (roll shot, cobra, a pass).

### ATTACKS

- » Attacks may be a hit, a roll or closed-hand tip
- » **NOT ALLOWED:**
  - Open-hand tips
  - Tip or block a 3rd ball over
  - Contact the ball entirely in the opponent's space / plain
  - Beach dinks (when the ball is pushed slightly by the palm & it falls straight down on the opponent side).

### BLOCKS

- » Blocks do not count as a touch
- » **NOT ALLOWED:**
  - Interfere before / during the 3rd hit by penetrating
  - Direct the block or breaking of the wrist.

### SUBS

- » For a player on a given team to qualify for the playoffs, the player must have played for the same team a minimum of ONE (1) week during the regular season

### DISPUTE(S)

- » Dispute(s) shall be resolved by the on court Captain of each team before it is brought to the attention of the League Coordinator.