



Grass League Rules

Mondays W2's – Beaconsfield Park :

1. **SUBS** for playoffs must have subbed at least one of the previous weeks for the same team.
2. **RALLY POINT** scoring.
3. **SERVES** that touch the net are considered live.
4. **RECEPTION** of hard-driven balls may be taken with a volley, all other receptions must be an **overhand pass with hands touching**
 - * **NOT** allowed to volley a serve, a free ball, or a non hard-driven ball (roll shot, cobra, a pass).
5. **DEFINITION OF HARD-DRIVEN BALL** is when a player attempts a full swing, with a follow through.
6. **ATTACKS** may be a **hit, a roll or closed-hand**
 - * **NOT** allowed to tip (beach dink) or block a 3rd ball over
 - * **NOT** allowed to contact the ball entirely on the opponents' space / plain.
7. **VOLLEYS** over the net must be square from shoulders & feet.
8. **BLOCKS** do **not** count as a touch
 - * **NOT** allowed to interfere before / during the 3rd hit by penetrating
 - * **NOT** allowed to direct the block, no breaking of the wrist.